Discover Your Signature Strength

Think of 10 people you know really well.

Choose 5 people from your professional network and 5 people from your personal network.

Send them an email/text asking them: “What are the first 3 words that come to mind when you think of me?”

Summarize this list below and look for trends.

DESA
GLOBAL LEADERSHIP



Watch Tania explain this powerful exercise: https://shorturl.at/jB7NT

Words from Your Network:

Top 3 Strengths

Based on the feedback, note your top 3 strengths here: